

CROWN & BRIDGE POSTOPERATIVE INSTRUCTIONS

Please read the following information carefully so that you will understand the proper postoperative care necessary to help healing, reduce the risk of postoperative complications, and make you more comfortable.

AFTER THE FIRST APPOINTMENT-

1. Numbness may last from a few minutes to several hours, be careful not bite your lips or tongue or burn yourself on hot foods or drinks.
2. Some slight tenderness or sensitivity can be expected for a few days following surgery. Use anti-inflammatory medications like ibuprofen, Aleve, Tylenol, or aspirin to reduce and manage pain.
3. Occasionally, a flare-up may occur. If you notice swelling or excessive, prolonged pain that cannot be stopped, please call our office immediately at 248-620-6800.
4. To reduce swelling and help control pain, apply intermittent ice packs or cold towels for the first 24-48 hours following surgery.
5. Take prescribed medications as directed.
6. A temporary crown/bridge has been placed in the top of the tooth at this visit with a **temporary** cement so that it may be easily removed when you return to have your crown/bridge cemented. You will need to return in 1-2 weeks to cement the crown/bridge to the tooth.
7. After the local anesthesia wears off, if the bite on your temporary crown/bridge feels high it may be necessary to adjust the temporary crown/bridge so your teeth bite together properly, please call our office at 248-620-6800.
8. Avoid chewing sticky or hard foods like caramels, ice, or nuts which may loosen, dislodge or fracture the temporary on the treated teeth.
9. Avoid gum which may stick to the plastic used to make the temporary.
10. When flossing around the crown, avoid pulling the floss out in a normal fashion. Pull one end of the floss out sideways.
11. If the crown or bridge comes off or loosens, you can probably place it carefully back on the tooth. Call the office and we will schedule you to recement the crown. If you cannot come in to have it recemented, place Vaseline or gel toothpaste inside the crown and then place it back on the tooth. It will usually stay on until you can get into the office. You may have to repeat this occasionally.

AFTER THE FINAL CEMENTATION APPOINTMENT-

12. Numbness may last from a few minutes to several hours, be careful not bite your lips or tongue or burn yourself on hot foods or drinks.
13. Some slight tenderness or sensitivity can be expected for a few days following cementation. Use anti-inflammatory medications like ibuprofen, Aleve, Tylenol, or aspirin to reduce and manage pain.
14. After the local anesthesia wears off, if the bite on your crown or bridge feels high it may be necessary to adjust the crown or bridge so your teeth bite together properly, please call our office at 248-620-6800.
15. Occasionally, a flare-up may occur. If you notice swelling or excessive, prolonged pain that cannot be stopped, please call our office immediately at 248-620-6800.
16. To reduce swelling and help control pain, apply intermittent ice packs or cold towels for the first 24-48 hours following surgery.
17. Take prescribed medications as directed.
18. Meticulous oral hygiene, compliance, supervision by your dentist, adjustments as needed, follow-up, and regular preventive dental care are recommended.

Please call if any questions should arise- 248-620-6800. Remember you have just had an operation, be kind to yourself.

If there is an emergency and you are unable to contact us, go to the nearest emergency room.